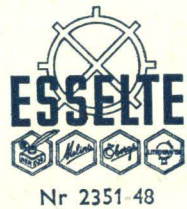


For Louisa

Gold plate - Earrings

1 gold plate - Brooch  
combination



7-8

Simmons

18 carat -

Mrs Louisa Longhi

101 Via Piemonte, Roma It.

Book 18

If found please send  
to

Morton L. Heilig

128 W. Walnut St.

Long Beach, N.Y.

U.S.A.

though I have not studied Adler  
I have read much of his position  
and on the basis of certain recent  
experiences I believe this ~~theory~~  
to be a better psychological theory  
than is

It is not that we want to ~~analytically~~  
create a perfect society but that  
we want to correct great basic  
faults ~~which are~~ in the social  
mechanism which causing the  
whole society to break down & collapse

- Big - 5 wipers - basic - lines -  
rough healthy brush shell  
brush strokes -

A complete - especially light weight -  
travelers kit - Toilet articles -  
Sewing kit  
Shoe shine kit -  
aluminum - sailcloth - Nylon -

When listening to the man we  
don't hear sounds but a voice which  
is an unbroken pseudopoetic  
extension of the being of the man

The greatest of art has this effect  
it does not exist as detailed  
abstraction but as a continuous  
living reality - a being - like a  
man - a soul. The greater the  
soul the deeper <sup>tragedy</sup> & more universally  
identified to <sup>the flesh</sup> basic reality.

Communism is the position of being  
right for the wrong reason. No  
philosophy has ever been right  
because scientific knowledge is  
never final - yet basic crude  
reforms ~~are~~ have taken place  
For a man to feed his  
starving neighbor he need not

know  
~~understand~~ the ultimate ~~no~~ nature of reality  
~~& He helps the man & does not why~~  
~~other than he feels he should.~~ ~~For~~  
wants to.

He helps the man because he feels he  
wants to. ~~He would~~ To explain why  
he would have to explain his  
own existence & this he  
can't do. The reason for ~~the~~ creating  
~~philosophy~~ a natural philosophy to  
facilitate the necessary social reform  
men feel they must carry out  
is because ~~of~~ there is some  
quirk in human personality which  
demands that actions have a  
rational philosophy & through going  
rational philosophy as a base -  
The new philosophy serves mainly  
only to ~~show~~ collapse the old  
philosophy & clear <sup>which is a silly</sup> the way for  
what you feel you must do.  
Social reform has a purely emotional  
basis.

It seems more natural to man to be greedy-  
& dominant - ? egotistical

we should ~~not~~ accept it ~~for~~ & have  
it the way it is & not create silly  
~~philosophical~~ rationalization - Social justice  
& equality & tenderness have  
~~the same~~ are like eating, sleeping,  
loving, dancing - things we  
did & shall continue to long before  
we understand why - or how.

Now is not the time for folly <sup>or delusion</sup>  
nor for the creation of Utopia  
Now is the time to correct  
certain basic appalling  
inequalities, injustices &  
& miserable lopsidedness in  
our society - we should  
not put powder in the nose  
when there is a great gaping  
~~hole~~ hole in the face - ~~so~~ life  
when limited energy & attention  
does one at the sacrifice  
of the other.

Adler (I am told) believes that the  
immediate experiences are the causes of  
~~psychanalytic~~ psychoses whereas Freud  
believes that most mental illness  
have are caused by injurious experiences  
of the child's parents in infancy. I tend  
to believe in Adler. A phrase, an  
awkward act has in my life led to  
~~a series~~ of immediately to a series  
of self doubt & worries and a word  
or action has just as quickly  
~~been~~ erased the tension.

Freud & his followers confuse the issue  
by claiming that the personality  
& therefore its maladjustments are  
basically established by the age of 5.  
Personality is about 75% percent  
determined by physical makeup -  
metabolism, energy, etc. & since this  
is mainly determined by inheritance  
a child's personality is basically  
established not at the age of 5

but at the moment of conception  
 But insofar as experience determines  
 personality - I believe it to be more  
 a matter of immediate experience  
 at least till full maturity is reached  
~~to get~~ a more detailed description  
~~of the~~ all the different phases of the what  
 "personality" we mean by the  
 world personality would help us  
~~to see the~~ ~~fact that~~ ~~we~~  
 discover the sources of its being.

For example -

Personality -

- Basic Force - Vitality
- Style - coordination of Vitality - for an end
- Intelligence - Wisdom
- Emotionality - Sensibility
- Tenderness - ~~Directly~~ ~~intensity~~ ~~proportional~~ ~~to~~ ~~the~~ ~~size~~ ~~of~~
- Spiritual perceptiveness
- Imagination - ability to transfer identity <sup>personality</sup>
- Confidence - Timidity - <sup>experience</sup>
- Humor - Sadism - National Cultural Heritage

Arrogance - Super-Infer. Complexes - <sup>more a</sup> matter of immediate experiences  
 Bellegrance - (to a great extent) as matter of physical well being + <sup>more a</sup> matter of immediate experiences

constipation - discomfort  
~~or~~ ~~and~~ auto-intoxication

Easygoing - small or death challenge of genitals

Discipline - Training

Most Neurosis - of a physical weakness precipitated by immediate experience

Condescension - External impressiveness  
 Falseness - accompanied by internal emptiness

The less a man has ~~to~~ to say  
 the more impressively he says  
 it. The words having no <sup>by themselves</sup>  
 effect. (weight meat) <sup>by themselves</sup>  
 no inherent content  
 germinating

The guide for aesthetics should be an  
an understanding of life - The  
~~standard for criticism~~ for creation should  
be god's creation - life - man.  
The surface - the form should convey  
the whole - as it does to every  
conscious being. A man observing  
another man does not see only  
the ~~skin~~ skin surface - he sees  
the man - from the instant of  
perception there is no distinction  
between the form & the internal  
palpable spiritual reality of the  
man. He sees a man with a certain  
~~aspect~~ of personality forms - words  
of ability etc. The man may make  
little detached observation - silences  
in the flashing seconds as his eyes  
moves through the montage of perception  
from pt to pt, detail to detail, putting  
whole to detail & back in the intentional  
montage of perception.

Oct 11 1949 - Oslo

Peasant laborers, natives, lumberjacks their  
wives & children are in every way ~~to~~  
superior to city dwelling sedentary lives.  
Not only are they physically much stronger  
healthier & serene but through close  
contact with fruits, flowers, animals,  
weather - ~~the~~ living, dying - the dawn  
dusk & danger they are emotionally  
much more profound and spiritually  
more sincere. Their simple course  
whole grain foods - their hard labor  
in fresh air makes them the only  
human being to understand the  
inherent satisfaction & happiness of  
beauty of life attaining its normal  
health. A right living man has  
no use for cosmetics or smart  
clothing, rings or jewelry. No  
makeup can surpass natural color  
& clarity <sup>of a healthy face</sup> - no clothing can ~~compare~~  
~~match~~ match the beauty of the well

developed smooth coated human form  
Smart clothes, makeup & jewelry seem  
to be an improvement over nature  
because so few people have seen  
what nature can do when given  
her proper chance.

All the fagged out perverted -  
self conscious ~~to~~ contrived exotic  
love ~~can not~~ love affairs of  
acity as a people, ~~to the~~ ~~spare~~  
~~in~~ ~~oceanic~~ ~~quartz~~ to a mountain  
to sincere love that springs from  
the core of healthy bodies ~~living~~  
in long companionship under the  
stars! The ~~contemplated~~ white  
flabby - doughy city girl ~~with~~  
~~stuffed~~ ~~with~~ ~~her~~ with liquor  
nicotine & artificial foods -  
intellectually clever, & morally &  
emotionally infantile, decked out  
~~in~~ ~~her~~ caked over with powder  
& perfume, & smart dresses cannot

summon up or feel on tenth of the  
complete & overwhelming passion  
& satisfaction of a country girl &  
the same for the men.

Wageland's book - The Cauldron of  
disease was too sketchy & anecdotal  
& rambling - It lacked ~~the~~ ~~just~~  
a dramatic punch & a solid &  
satisfying scientific development  
of his theory. It was not ~~the~~ work  
of a scientist, an autobiographer,  
a sociologist, a scholar or a  
popularizer.

The whole thing has to be studied  
& presented in a more thorough  
comprehensive tight net matter -

Exactly what do all the animals of  
the plant & animal kingdom eat &  
how do they live -  
How does the food they consume



correspond with ~~them~~ the structure of their teeth & alimentary canal.

Exactly what is the result of different diets of man's physical health, endurance, spirit energy, sex potency, fertility - ~~mental~~ logical, emotional & spiritual activity - his creativity & above all his personality.

Doubt & contest are not the only standards - a castrated Bull is much bigger, stronger & contented than uncastrated Bull but ~~is not~~ his personality & physique make him useless for evolution.

Does vegetarianism mean more vital life - emotional ~~perfection~~ mental awareness & sense of living.

What did primitive cave men eat before their wives started to cultivate grain? ~~What~~ ~~did~~ ~~they~~ ~~hunt~~ - didn't they live off meat - What about the healthy Eskimos who supposedly subsist only on animal meat & fat.

The thrill of the chase

What is the psychology involved in eating what you have hunted or grown with your hands (labor & observation).

If man's life is unnatural & needs overhauling it needs so in all its aspects. Housing, clothing, food, social relations, travel - grouping, visual surroundings etc.

For food - Milk - the temperature of ~~the~~ the female or cow's breast

whole grain of all kinds  
Clean raw vegetables & fruits  
entire

Cheese?

Raw eggs?

Raw fish & Meat - fresh?

Grass - ?

Fresh water

No food should be eaten cold or hot  
No food should be cooked or condiments  
added

Water between meals

Plenty of food eaten - not soon  
before exercise, or when tired -

No food before bed -

Better no food at all than to eat in a  
rush -

Absolutely no refined - artificial  
or canned foods should be eaten

Sugar is the death of teeth

Completely fulfilled sexual intercourse  
is one of the best nerve tonics -  
~~good~~ personality stabilizers & body  
toners (use abdominal muscles)

Contrary to popular opinion -  
it is a ~~complete~~ when carried out  
properly under proper conditions,  
it reinvigorates the individual  
& is necessary ~~to~~ ~~the~~ ~~individual~~ for  
vigorous body to maintain its  
health -

The effects of such customs of  
wearing tight belts - neckties -  
hat rims - shoes - jock straps  
brasiers - rings etc investigated.

Effects of shaving - head (men)  
legs (women)

Washing with soaps  
Scrubbing teeth with powders is this  
necessary

No animals - shave, brush their  
teeth wear clothing or  
eat cooked refined foods -

Yet they take plenty of exercise  
~~that~~ in fresh air - eat 1 or 2  
simple foods - clean themselves  
~~that~~ ~~at~~ sleep after meals  
& a far healthier than Man  
in every respect.

Animals also never fast  
voluntarily - Only when they  
can't find food & become  
spare & slightly starved -  
then Fasting men need to  
take remedies - starving  
animals don't why?

A complete qualitative &  
statistical survey of the  
plant - animal & human

kingdoms must be made if ~~the~~  
~~sound~~ & correlations established &  
any real footing is to be established

Animals in zoo are already unnatural  
Suggested - catch them &  
attach a gadget with can  
register all sort of activity over a  
period of a year - then catch M  
again -

Need - a handy cultural gadget -  
to be men of libraries, museums  
& concert halls - everything  
small enough to slip in his pocket  
so that at any moment while walking  
along & with an intention flashing  
before him he can do research &  
use a dictaphone to record thoughts  
- in gadget - all books of any value  
all perfect color renditions & 3 dm  
of plastic arts - 30 dm stutuary

- all music songs operas  
folk ballads -  
all films -  
all reference material -

~~that~~ So called "healthy scepticism" is the  
comforting excuse of minds that have no  
concrete personal experiences, ~~it~~  
comes so easily & is ~~so~~ characteristic  
to the wealthy people, it is almost a  
characteristic. <sup>The value</sup> thoroughgoing scepticism  
is ~~questionable~~ in theoretical matters, is  
questionable with regard to practical  
matters impossible. ~~A man in great~~  
~~physical hunger pain or hunger~~  
~~or cold~~ A healthy man in whom the  
will for <sup>instinct</sup> self preservation & life runs  
strong cannot ~~or~~ endure pain -  
hunger or cold passively - he  
must fight to help himself. The emotional  
experiencing of the full pang emptiness  
& panic of hunger serves as unlimited

~~source of planning~~ & source of <sup>conviction</sup> energy for  
action - <sup>for social reform</sup> Without it words are  
hollow - actions scattered & feeble. This is  
why to ~~communists~~ it so significant to  
communists whether you come from a working  
family or a Bourgeois family.  
The gap of ~~communication~~ can only  
be closed by actual changing of places  
& by art.

It should be a law that the sons  
of all wealthy men should work ~~as~~  
as the lowest paid & laborer ~~in their~~  
fathers business & subsist solely on their  
salaries - ~~then~~ reaction to reform would  
soften & up quickly.

Each artist repeats certain themes or  
more important conceives his experiences  
within a ~~set~~ of repeated set of forms  
- the science of the soul will -  
psychology will have advanced for  
when it can explain ~~the why~~ - their origins

Atrophy ~~is~~ through disuse is a law of nature it does not only apply to physical muscles & physical organs but to nerve reactions, emotions & spiritual patterns. (Only a strongly muscular man can understand the intrinsic pleasure of movement & labor) Sexual responses ~~is~~ ~~kept~~ kept from function by moral repressions may lose their proper function capacity to function at all.

A man who over prays - renews & crystallizes his thoughts, beliefs & direction in life & places <sup>himself</sup> ~~himself~~ into the deep well of wonder ~~that~~ that is life ~~is~~ ~~cannot~~ ~~can't~~ ~~is~~ ~~believable~~ in the value of ~~no~~ even the existence of such psychical states for ~~them~~ they have ~~so~~ so undeveloped or atrophied ~~within~~ ~~him~~ ~~that~~ ~~he~~ ~~is~~ that for him they are impossible. - Civilized man

lives only  $\frac{1}{10}$  as much as a truly primitive man. <sup>He</sup> ~~has~~ only real experience of life ~~is~~ when he is still relatively primitive - e.g. a child. Only the ~~truly~~ thinker or the artist lives more than the ~~can~~ primitive man - he has crossed the line ~~into~~ leaving old values behind ~~for~~ ~~new~~ but ~~is~~ ~~realizing~~ <sup>attaining</sup> new one. Ordinary men have ~~nothing~~ <sup>nothing</sup> of either kingdom.

~~When a system depresses any~~  
When any group prevent another from ~~developing~~ demonstrating its ~~full~~ abilities it only impoverishes itself. The fairest & <sup>most</sup> objective test ~~is~~ result should be the only one to give a person ~~his~~ his rating. If men as a group lock ~~will~~ ~~real~~ up in the nursery they are depriving themselves of excellent brains and ocean of talent, feeling & energy. If young people are ~~restricted~~ ~~by~~ ~~them~~ you are held

to disadvantage - the old suffer if  
Jews are slaughtered - Non  
Jews are the poor. The human  
race is a collective organ - that  
need compete only with ignorance &  
death.  
If man's ~~riches~~ wealth is not  
his gold but his awareness & feeling.

The unity of man is internal  
conviction flowing out into creative  
action -  
Like a jet of water man's spirit can  
reach its greatest heights when  
conviction flows strong & serene  
to its creation - In this age  
when men are dithered on almost  
every basic issue - the highest &  
finest & subtlest part - his  
energy & feeling & thought decimated  
by a thousand alternatives -

contradictions - ~~at the end~~ & even when  
a conviction are clear - ~~by~~ consistent  
at every turn he is tempted & pushed  
rubbed by the ~~in the~~ ~~small~~  
~~plus detail~~ environment of ~~these~~  
these ~~Confusion~~ ~~Marked by~~ revolutionary times.  
Our age is the whirl of change, battle  
the ~~total~~ wild intoxication of movement  
- it is not one of serene creation -  
that our ~~age~~ ~~has~~ the health & basic soundness  
of the mongrel - not the entrancing <sup>but</sup> doomed  
beauty of the purebred.  
Great ~~single~~ works of art ~~can~~  
characteristic of all the peaks of  
homogeneity of ~~all~~ ~~civilizations~~ cannot  
be produced today. ~~They are~~ ~~infectious~~  
The slightest <sup>confusion</sup> ripples of confusion of  
feeling ~~is~~ tumbles out from the  
subtleties & refinement that are of  
infinite quality & ~~make up~~ are  
95 percent ~~the~~ give art its reason  
95 percent of its ~~raison~~ reason

1/2 being - carrying men to new lands  
new horizons - feelings - delights  
enthusiasm - love  
Dissolution - to impotence

Dear book where can I begin so much  
The world was his pallet  
He used the world as his pallet -  
Flying from place to place in his  
private plane -  
He took short shots - disconnected - turned  
to all but himself - who felt within  
burning the fire of a great vision  
one that would compel the men of  
the world to leave their paths  
of rationalization, self-indulgence &  
false value - & join hands & work  
get sweeps & stride to wash  
the sores & build where the great the  
holes are - then fighter - chests  
bared to the wind - hearts throbbing  
with their first chance to ~~live~~

~~Truth~~ live in Christ's message of love

→ has happened to the last few days.

How about a small group of research men  
who publish an ~~independent~~ independent journal  
dedicated to debunking falsehoods of  
propaganda. ~~Should trust to~~ Experts  
& photographers through outright honesty  
& fairness could win the faith of opposing  
regimes - ~~to~~ entry any part of country  
to substantiate or debunk a statement  
or cartoon. The air would be clear -  
Film - call it Truth

War - statisticians - tests - graphs  
The fear before battle new types  
The terror - ~~the~~ Bombardment Degenerations - sex - drink  
Debasement - Rape - Death - Hospital - <sup>power</sup> Field  
Destruction - <sup>lives</sup> - <sup>but</sup> Horrible Revenge - <sup>Amoral</sup>  
Slavery - 10 years like <sup>rage</sup> a horse Confessions - <sup>Red tape</sup>  
Anxiety - <sup>nameless</sup> <sup>murder</sup> <sup>or love</sup> Fatigue - <sup>no</sup> <sup>product</sup> <sup>of</sup> <sup>love</sup> <sup>or</sup> <sup>love</sup>  
Sadism - sport Disease - <sup>typical</sup> <sup>or</sup> <sup>love</sup>  
To be or not to be - The future

Film

Peace - Farmers in Ohio  
merchant working & singing  
their best  
because they will bring wheat  
to a port in Africa -  
& get nothing but the pleasure  
of feeling their own love  
flow through them  
To see ~~the~~ slope the whole  
embrace of friendship & gratitude  
clasp them firm.

The beauty of the Communist attitude  
The U.S. in ~~5~~ years 2 years converting  
its great wealth to feed & help the World -  
From being hated & feared we could be the  
most loved - & we would heal ourselves  
- The plan is so close - ripe - The  
conversion so easy -  
With a slight sweep the ~~thin~~ cards of  
advertisement - the ~~peg~~ swing - chewing  
gum & comic books - ~~at~~ the

the ~~the~~ shallow films, the police mass rubber hose  
Klu Klux Klan & all the tiny scales  
& tannish that ~~is~~ ~~the~~ ~~smothering~~  
~~great heart~~ of the American people  
the ~~basic~~ <sup>great soul</sup> substance  
cloaking the live from it - like a small  
dose of arsenic in the blood of adonis -  
Oh awaken - sound your depths  
Drum your timbers  
Shake off the stale dust  
The weak smile -  
America give your hand to the world

Real equality of all people -  
Clean living  
Nature  
Culture  
Research -  
Each man closely connected to the great  
scientific & philosophic adventures  
Every man a craftsman beautifying the  
earth -  
Religion - Man's Acceptance & love of  
life & its end

The regions of  
Culture -  
Types -  
Art forms - etc  
Time

Equality



Crystallize men's dreams - make the future appealing - above all give form tangibility detail reality - familiar men with its full hearty

Film - <sup>potentialities</sup> The World Today - <sup>Shumo</sup>  
What we believe in + ~~it~~ and  
What exists in the world today

Hypocrisy - Rich - poor  
Dirt - cleanliness  
Cheap - Good  
Fear - Love -

stuffed love

I will not forget

Strength - Dedication - Passion - Work - Creation  
Results -

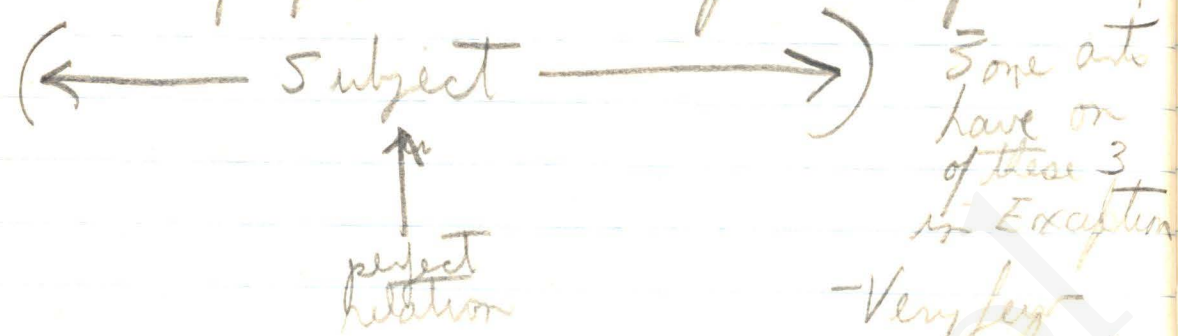
Wegland points out that the digestive tract has never been equipped with a temperature reactive nerves + therefore we ~~the~~ unknowingly scald ~~over~~ our ~~trades~~

~~The~~ delicate membranes every time we drink hot liquids - I don't believe the facture is as flake. A simple experiment - ~~drink hot tea~~ Take a mouthful of hot tea & then keep perfectly still - The tea will scald - because certain areas are constantly in contact with the hot tea - but if you swirl the tea about ~~cooling~~ <sup>giving</sup> ~~each~~ hot areas a chance to cool & accelerating the cooling blood supply - there is no burn - Since hot liquids ~~are always~~ in the gullet are always flowing to the <sup>mouth</sup> gullet & stomach <sup>enveloping</sup> are continuous no serious burning occurs.

I believe cold liquids - especially with fatty meats are much more

dangerous

The Unity of art - like life - Triple unity



The person is a little lost in the wide flat expanses of Vienna's boulevards & courtyards

The fact that men once had the power to kill or sell other men or that they once burned wheels seems so unfair & inconceivable

as our economic equality & capital punishment will seem to men 100 years from now.  
Equality of Women - Leadership of children  
A Fantasy - Society of the Future  
discovering & studying the poor men of the past

The canons of feelingful awareness are being elucidated now just as the methods of (scientific) reasoning was worked out in the last 300 years -

Dialectical montage is Essentieno theory - work out your own -

No historical film has been made yet which in its form & story completely & honestly portrays the mental (religious) outlook the hygiene - social ideas etc / Dreams etc of past civilizations -

consult Toynbee &  
Will Durant

Degenerates forsake the tree for  
the flower

Values are relative -  
America has dispersed its  
attention & energy over a  
wide variety of trivial things  
leaving the main ~~the~~ surface  
of ~~the~~ the main elements that  
create their lives to the unknown  
There must be a readjust - a  
reapportionment of concentration  
& appreciation to adapt one  
of America & the whole western  
world with here are not to  
plunge to ~~their~~ doom

The most scathing condemnation  
of the West as I see it is  
the sensational - tiny hints on its

newstands.

When the right economy comes 10%  
of all jobs & locations will be open  
for observation & participation  
Broadening horizons & mutual  
appreciation.

Almost like a principle of physics  
Only as much comes out as went in.  
Only on the ~~volcanic~~ volcano of deep emotional experience  
shall great actions spring.

Suffering sets the toes & steers the sight  
in a negative positive way -  
It ~~is~~ throws a line that ~~is~~ made of  
superficial alternatives - It makes  
with actions deeply significant - providing acts  
the adventurous excitement & spiritual  
spiritual relation to the source of meaning God -  
which ~~is~~ ~~the~~ ~~condition~~ ~~of~~ ~~life~~ It is the beginning of self discipline  
& the contentment of conviction - Maturity.

A book on film language tailored to the creative need of the reader - His hunger for precise detail from which (he can construct his) aesthetic philosophy to a palpable reality.

arises an aesthetic ~~con~~ reflections - conviction theories of dramatic palpable reality.

Every reform must be tailored to ~~any~~ nature of complete man - who ~~is~~ lives - acts - assimilates only in certain ways - who craves food - exercise + rest - who understands, is emotional + searches for god - with lapses of utter folly + abandon.

Feeling ranges from the ~~best~~ testicles to the brain - in a gradual line - all things that effect men - from Salomé's dance to a mathematical equation effect men somewhere along

this line - Reasoning is a type of grasping - feeling

Everything ~~exists~~ <sup>exists</sup> on ultimately, <sup>only</sup> subjectively <sup>only</sup>. It is wrong to say that a person is made electrons + molecules & that the commonly perceived wholeness of a person is an illusion - because electrons + molecules are only subjectively perceived entities - of a certain level - All levels of perception are subjective & equally valid. ~~Whether~~ a man is a spiritual, sanguinary, intellectual, or molecular being depending on the observer (he is all + more).

By the same token it is an artificial abstraction to say that the units of building ~~music~~ blocks of music are notes of painting pin pts of ~~some~~ color, of writing words or of cinematography shots. These elements distinguish themselves only a upon acutely analytical concentration.

which is the complete antithesis of the  
 artistic frame of mind - which concerns  
 itself with the whole. These bits of color  
~~are an scientific~~ <sup>are</sup> ~~the fruit of scientific~~  
 rather than artistic investigation.  
 On the ~~the~~ ~~the~~ graphic arts - lines, planes  
 volume - ~~the~~ ~~are~~ just as valid as units  
 of construction because as our flitting  
 mind races over a scene we see & then  
~~we are aware~~ ~~the~~ ~~feel~~ <sup>things</sup> purely as a construction  
 of one set of units then another - Building  
 up an overall impression by a <sup>instantaneous</sup>  
 montage ~~placing~~ ~~or~~ collapsing one ~~pl~~  
 layer of units over the other -  
~~All layers are purely subjective for~~  
~~us.~~ The layer of bits of color is no  
 more objective than the other layers -  
 because ~~bits of colors have no real existence~~  
~~depend~~ a pt has no dimension - there  
 for no room for color ~~in~~ ~~it~~ & color  
 is merely ~~of~~ <sup>a part of a</sup> ~~wavelength~~ <sup>wavelength</sup> that excites  
 the human retina.

The beams, the foundation, & the ~~the~~ ~~the~~ paint  
 is just as real a part of ~~the~~ a house  
 as the bricks.  
 Thus all lines ~~of movement~~ ~~or~~ ~~stages~~  
 of structure - that are perceived in reality  
 & ~~take~~ ~~in~~ the work of art that attempts to  
 express ~~that~~ ~~ideas~~ ~~or~~ ~~feelings~~ ~~provoked~~ ~~by~~  
~~the~~ ~~part~~ ~~related~~ ~~phase~~ that expresses that  
 phase - ~~as~~ ~~equally~~ ~~valid~~ ~~units~~ ~~as~~  
 all all validly called basic units.  
 So in cinema it is a ridiculous  
 intellectual abstraction ~~to~~ ~~the~~ ~~shot~~  
~~or~~ ~~needed~~ ~~to~~ ~~do~~ classify problems in  
 the primitive stages of cinematic art.  
 - The movement within each shot -  
 the composition, the lighting, the  
 music narration, are all elements  
 which we touch on ~~or~~ ~~perceive~~ ~~in~~ ~~our~~  
~~or~~ ~~instantaneous~~ the acting, the story  
 etc - ~~all~~ ~~are~~ levels which which we  
 shift among as we drink in the  
 cumulative effect of ~~as~~ ~~a~~ ~~film~~ -

~~Realism~~ Idealism expressed in realism, has always been the highest goal of art.

The ideal expressed in natural form.

~~All things~~ Anything in which the consciousness of man operates must either grow or decay. Stagnation does not exist. That is why when growth has stopped decay automatically sets in. There ~~being~~ no is no other alternative. Everything is dynamic in a state of movement. This is why we must always never be content with the status quo - but must ~~to~~ ~~fight~~ work for the growth & development - Physical up to a pt but spiritual endlessly - of the individual & society.

### Cloudburst -

Before the rain people are silent - apart dull but then the rain breaks<sup>vs</sup> on them something unexpected exciting breaks upon their hum drum lives - the rain is a common challenge - filling the air - hovering over them it is leaving clouds - wetting the ground & swelling about their feet in puddles & rain gutters - embracing them - whipping ~~to~~ them ~~with~~ electric shock into a community - ~~Each person's~~ tired <sup>emptiness</sup> thoughts behind the mask of blank indifference - ~~emptiness~~ are swept away - Rain - Each face & body jolts alive with the new plaything. For one minute each person understands the other - they sympathize with one another's efforts to get of the rain - they are a community. Sympathy, humor, anger are <sup>chromatic</sup> the overtones. The rain like a million bladed knife cuts under the facade of blank similarity.

and an unguarded <sup>reflexes</sup> flashes reveals the personalities of the people. Some growl, some scream, some <sup>see</sup> don't know the rain exists, - others feel <sup>see</sup> memories in it.

Rain

Running

Carriage drivers open up big umbrellas - covering horses

Woman running with basket on head

Big girl rushes baby sister before her.

People comfortable & warm - staring entranced out of bus windows

Heads covered by paper

Fountains - water - water - more water

Man on bike with umbrella

Young man & woman embarrassedly in

some small small doorway

Man hugging along building - dogging drops

Young <sup>school</sup> girls running in glee

Old man - mustache & can - just <sup>from</sup> <sup>roof</sup> <sup>arrow</sup>

moving through ~~the~~ a moment

The artist-hands plunged down in in corduroy jacket - ~~concentrating~~ collar up - walking slowly through rain - tasting it feeling it.

~~One~~ One of the great ~~problems~~ challenges of education to personal happiness is the creation of appetite - desire along constructive lines.

When a man is hungry simple coarse food satisfies his hunger best - sweet rich foods nauseate him - appeal only to people without appetites whose taste is ~~perverse~~ searching for artificial stimuli so to appetite becomes perverted.

When a man is tired any bed is restful - when he is not the softest cushions will not spare him insomnia -

When a man is cold any clothing satisfies - when he is well built

any rag is beautiful

Strong men & women with strong appetites are not ~~not~~ nauseated by the functions necessary to life like eating, intercourse or defecation.

The profoundest organic satisfaction in doing or consuming any thing is experience only when the action is replenishing the whole man & not a cultivated specialized part of him.

When food does more than tickle the taste buds - but is felt ~~coarsening & flowing~~ ~~quickly spreading~~ new life - like a warm glow - through quickly through the body with each bite -

Natural intercourse - where there is

health, energy, love & desire - is sufficient - overwhelmingly ~~is~~ intrinsically satisfying - all other variations as B9 etc variations of position are resorted to only when the first ~~can~~ condition can't be met naturally.

All the so-called civilized refinements - are at best only artificial substitutes which provide only 25% of the pleasure of the real thing. They ~~do~~ do reward - & therefore they are important - But they under natural healthy conditions provide only 10% of the satisfaction - yet they obtain 90% of the consideration.

~~life needs or activities~~ The ~~so~~ thing then to shift the emphasis back to the 90% and ~~start~~ work to create real appetites - for all good things.



Life needs of activities

	Artificial Aids to Appetite	Natural Real Ways to Appetite
Food	Spices, cooking, color dainties, Family Post candy	Exercise - abstinence Raw natural foods crude
Rest Sleep	Soft willow bed sleeping pills, whiskey masturbation	Hard Work - Rel Hard beds
Exercise	Reducing machines massage - Turkish bath	Running - manual labor - hiking gymnastics - curtain sports - outdoor
Elimination of Wastes	physics perfumes Oaks clothing	rough foods - veget little meat - exercise open air place
Understanding	Dogs, legions, makeup sex, clothing & cheap films fakes, magazines, advertising sexual perversion	Bathing - fess an clean clothing
Self		Health, Energy Warmth - no clothing - strength Exercise - simple food - sleep - living natural those natural opportunities
Understanding		
Beauty		
Significance		
Protection - Controlled Environment	Too much clothing Bad stuffy houses vaccination	Clothing & House only when needed Nude - out of doors the healthiest & most beautiful

Life Need Artificial Aids to Appetite Natural Ways to Real Appetite

Life Need	Artificial Aids to Appetite	Natural Ways to Real Appetite
Understanding	These later are peculiar to humans and <sup>more</sup> <del>present</del> <sup>express</sup> themselves <del>naturally</del> <sup>when</sup> <del>the</del> <sup>other</sup> functions are <del>naturally fulfilled</del> - Health -	curiosity, need to know - The thrill & beauty of Unders - Wise teachers Self, esteem.
Beauty	Fear, Grades, Social status, money The rich - <del>the rich</del>	Understanding its powers of replenishment - Experiencing its delights - Remaining open seeing & hearing the best
Sense of living Life Current	Trades - false social snobbism <del>the</del> Drunkenness Women, War Violence, Perversion Pranks, Sadism Parties, Fighting Travel	Health & Natural vigor - self Discipline <del>to</del> Fulfilling of all other natural need only when there is no natural appetite. <del>avoid</del> <sup>avoid</sup> routine <del>Learn</del> <sup>Learn</sup> observe - always think & work for an ideal.
Sense of Meaning, Significance Religion	Dogma - Force	like Beauty an understanding of its power to satisfy & delight & open the for life. <del>through</del> <sup>through</sup> real experience

Real personal experience of the world. This example.

This through the natural systems regulation of all other appetites will <sup>result</sup> ~~be~~ <sup>as a higher sense</sup> of itself.

~~Desire should~~

~~Desire should be~~

Desire should be generated from within and not from without. The animal & plant kingdom have no artificial stimulants. They are happier more satisfied from minute to minute.

a man should be ashamed to eat unless he has his arm on arm.

Experiment to save Hair

Shave head (wear bonnet)

Slans liniment (ask Doctor first)

General Physical and good -

Message - a lot head down

1 every 6 mos.

Good Food  
Exercise  
Rest  
Elimination of  
Toxins

A film has no right to exist unless it is beautiful. Unless through it you can see and feel an object better than with your own eyes.

There must feeling life - an emotion

How about a television company called great ideas of our time - Sponsored by Fed. Bureau of Education Association of Universities Book Companies etc.

1 Hr each Week

Featuring a leading or several leading living personalities - with good animated diagrams - newsreel material present including dramatic imitations

The great popularizers

Collaborator of Paul de Kromf - Med

Hogben

Durant

- Sci  
- Phil

Caesar  
Mumford  
Religion  
B. Marx

Art  
Soc.  
Foster

McFadden

The great ideas -

Their history current problems

- Relativity - Einstein
- ~~discovery~~ Laboratory Travel - Willy Ley
- World Govt - Vinton S. Clark
- Modern Education - Dewey
- ~~Techniques of Production~~ - Natural living - McFadden
- Techniques of Production - Ford
- Architecture - Wright
- Religion - Foster
- Oriental Mysticism - Hindu Swami
- Agriculture - Compost
- Leisure Time - a particular idea
- Sex Moes - Kinsey Mead - showing its
- Psychoanalysis - birth development
- War - the basic principals
- Evolution - & the human drama
- Entertainment - involved
- Problems today
- The Future -

- Conservation
- The Weather
- Prejudice & its nature
- Cycles of Civilization - Toynbee
- Physical Types - Sheldon
- Schools of Art - Orientation of art -
- Types of
- Marx's Vision of God
- Communism
- Fascism
- Capitalism
- political creeds -
- Inventions Their Effect - Great ones
- Races of Mankind
- Geography - Zoology - Story of Earth Theories
- Frontiers in Surgical Techniques -

The great personalities - athletes etc

Quality not quantity is the mark of art  
 Quality - through intense concentration  
 steady work, & patience & time  
 From one fertile seed a forest can  
 grow -

By letting patient of student take an active part he complete the process of understanding by ~~expression~~ - giving <sup>to</sup> a sense a life ~~is~~ <sup>is</sup> a significance - an outlet for his ego - expression his essential urge to create

∴ Let the actor direct to feel the emotion ~~power through~~ the compulsion to communicate it to another person - purified - abstracted - crystallized - made precise - almost caricatured a caricature of life -

This is the basic technique, lesson & reason of success - of "Childbirth Without Fear"

The mutually enhancing combination of nature & civilization in the proper right places & right proportions - Fruitfulness  
par excellence -

I had a vision - of naked youths - natural in their sex - happy that their strength is for the friends and their children not yet born -

The face, breasts - calves all falsely eroticized - ~~the~~ now the whole body the whole being the object of desire & love -

a skit on the St. George swimming pool advertising spot -

Exclusive rights to "Screw balls of the Sports World" - Harlem Globe Trotters House of David -

What America needs is a 37% law - to bring avant garde & cultural films to the screen  
Jol - Golf wizard  
Swiers -  
Skaters -  
Football -  
Wrestling - Borgias  
Tennis - George  
Billards

• give non union film creators a chance to work - stay fresh & unique & make a name for themselves, as a stepping stone to full scale length films.

= Experiment to find ~~hair~~ remedy for baldness

Theory - ~~If the natural function head hair~~ To discover the natural function of head hair - Reproduce this function artificially.

- If the head hair had an important function to perform - If it received good nourishment & had toxins removed it would grow -

3 Problems -

1. reproduce natural functioning

Hair is predominantly a heat regulator & a skin protector

Ex - alternate hot & cold air - shave off hair - rub area with felt glove.

2. Nourishment -

Hair is predominantly a cartilaginous bony substance - feed it the component elements -

Ex Feed hair internally, externally - Calcium, protein, fats etc -  
oil compounds of hair, nails, bones, teeth.

3. Remove Toxins - opens pore first. air, flowing blood, water will remove toxins, sweat

Ex Massage hair, no hat, wash 2 times week

~~Experiment~~ no soap, brush 100 strokes a day, exercise hot towels - hot air -

Experiment

Control area

Area 1

Shaved closely on dry skin

+ rubbed with Turkish towel

3 Shaved

Heated rubbed with liniment

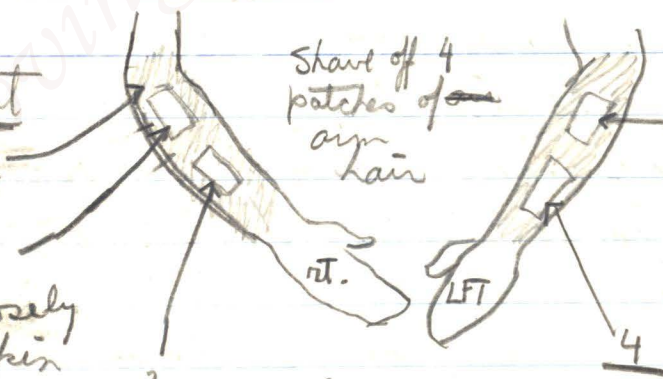
Combination Regime - ~~General~~ <sup>Phys cond.</sup> must be good

Shave closely every week

Head massage - Excess sweat Rub with ~~Turkish towel~~ - Brush.

Head down

Shave off 4 patches of hair



Feb 2, 50

2 shaved

Heated - Rubbed with hair nail sore compounds

4 shaved

Heated Rubbed with vics or plain olive oil

Hot air cold air Heat liniment or Vics

Hair compound

Keep clean -

Results -

When appealing <sup>to the am people</sup> for relief for a group of people, it is not always wise to show these people either their films, photos, or articles as completely miserable, destitute confused. ~~This makes the American~~ at first this gives the American pity but ~~giving an underlying~~ idea develops that these people are inherently stupid, non creative ~~thoroughly~~ dependant like subnormal eternally child - Aid seems doomed to ~~be~~ hopeless. I believe more aid would come to ~~give~~ the Negroes, Mexicans, & Italians etc if they were shown in the positive light they deserve showing to what good

of self sustaining ends a little help over the crisis would bring.

Natural Foods restaurant - ~~to fill the city dwellers~~ large well lit - fluorescent ~~longing for~~ light unstained pine furnishing Large mural photographs - of beautiful, healthy, athletes farmers lumberjacks working outdoors smiling - ~~sunny clouds in sky for ceiling~~ soft classical music free magazines & papers available Free summary of dietetic theory Books on sale - ~~an conditioned~~ sound proofed - Simple Messes limited selection one side - ~~or center of restaurant~~ open - the kitchen with salads & foods being washed & prepared an important psychological aspect of eating with appetite

Possibly a one dollar all you can eat deal - with tables loaded with food Camp Hawley style -

No Hurry Quick Quiet serving no tips

Menu in Block wood letters on wall - clock -

Possibly a rest lounge with magazines & music

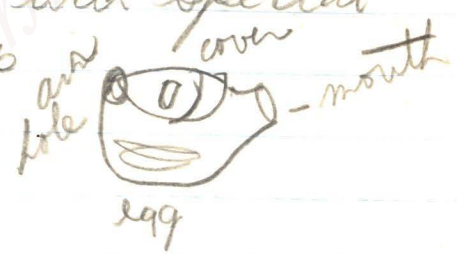
Foods - Whole grain cereal with Raisins  
no spices Special Whole grain Fruit  
coffee head - made of grains soaked  
or tea & mortized 1/2 in sunlit - thick  
slices -  
all Fresh Vegetables  
Fresh Fruits Milk - SW  
Apple Juice 50%  
Grape Juice Water  
Veg Juice

Possible - kitchen at center food mounted around smorgasbord style - 75¢

Cheeses -

Small rare meat portions

Raw eggs - served with special little drinking cup break eggs for yourself



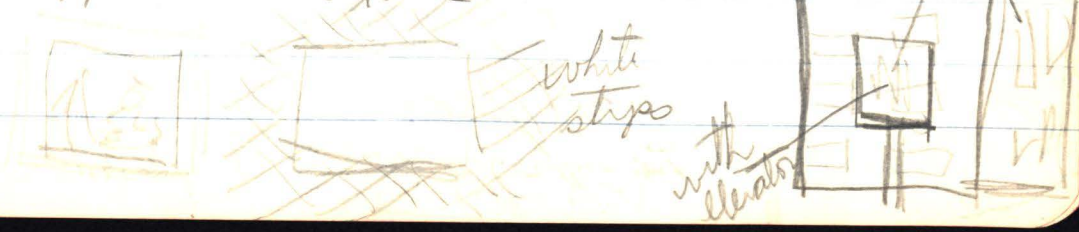
Nut + raisin figs - Dates mixture Honey

possibly on Table

Wooden bowls - No counter - No table cloths - linoleum - light vegetable & Fruit colors -

one saying - Nature responds to Nature ways -

locate in overbuilt garment or office workers district - lower Manhattan -



Dear snoopers please forgive the following  
- They are just the imaginative to the  
possibility of making pornographic  
photos -

Girl strutting sex over sink seen thru keyhole

Girl kissing man sex & vice versa

Girl with large breasts wrapped around male  
penis & oil - heading head into mouth  
at end of each stroke

Girl seated on glass plated chair without  
pants on -

Older society woman sitting up on chair  
legs apart - Foppish youth looking up  
seeing all -

Women leaving automobile

Man driving auto with sex out girl  
either holding it or sucking it -

Dramatic sequence of 10 shots -

Dog screwing woman on bed -  
licking her while she is scuffling the  
floor

Form girl exulting drill or horse  
Screwing sheep -

Dramatic sequence -

Girl seducing boy -

Boy - trial + etc -

Perversion - surprise - excitations

while none about knows are  
the elements of pornographic stimulation

Since nothing - least of all art can  
ever be taught / the ~~ideal~~ role of the  
ideal cinema school ~~should~~ to provide  
the optimum atmosphere for the flourishing  
of true filmic creativity

Quint -

located in country where natural  
rhythms abound - animals, clouds  
etc.

Complete library of films available  
for private showing by attendant  
to any individual student

Complete library of Film literature -



English translations of all  
important foreign language  
books + periodicals not published  
in English -

Catalogue of still photos - personalities  
histories

Costumes

Sets

Technical equipment - ~~easy~~  
clearly mounted for quick & easy  
comprehension

Complete of library, of books, records  
photos, prints representing all other  
arts -

Conferences, discussions - naturally  
arise at problems -

5. define activities - research for simplification  
1. and improvement of all equipment bent  
on ~~enabling~~ enabling the individual

artist

to work alone with a tool as simple and <sup>immediate</sup>  
manageable as a pen, a brush ~~or~~ a violin  
his voice or a chisel.

The tool the camera ~~light~~

The material - film - a study of this  
material - its essential quality

2. A center for all young + independent film  
artists - a focal pt for scripts - material  
& money - encouraging independent work.  
a distributing agency for such work -
3. Plumping for a law that taxes all  
box office receipts 1% to finance a  
school & the production of if not all  
then the most promising film scripts  
& students

Cinema - Americas Greatest Art -

1. Excellent Health & Energy
2. Broad general Education  
+ Deep

3. Complete acquaintance with all other art forms
4. Philosophy of Aesthetics - Distinction between - art schools - forms - periods - the process of creation the relation of art to civilization
5. The Art of the Cinema - Nature - History - Possibilities - (survey but ~~not~~ as a minor key of technical, economic, & organizational aspect of film making -
6. Above all Work Work - Work
  - || experimentation - using school camera equipment & film -
  - Field trips - Travel reviewing before school.
  - above - emphasis on Dance & poetry - & music -
    - modern - movement
    - sports -
    - pantomime

Ideal - Development of Child from age of 10 to be cinematic artist -  
 Fill with dance movement - nature & love of life -

Develop - movement scale - cheap & more manageable substitute for the movie camera & let him incessantly work with it as the future painter works with pencil or water color -

Dance - poetry - education - motion pictures  
 Students leave school only when they feel ready. - school tries to back these projects up by aligning money ~~to~~ distribution for it - & providing

a school - a colony - a creative focal pt in modern american society -

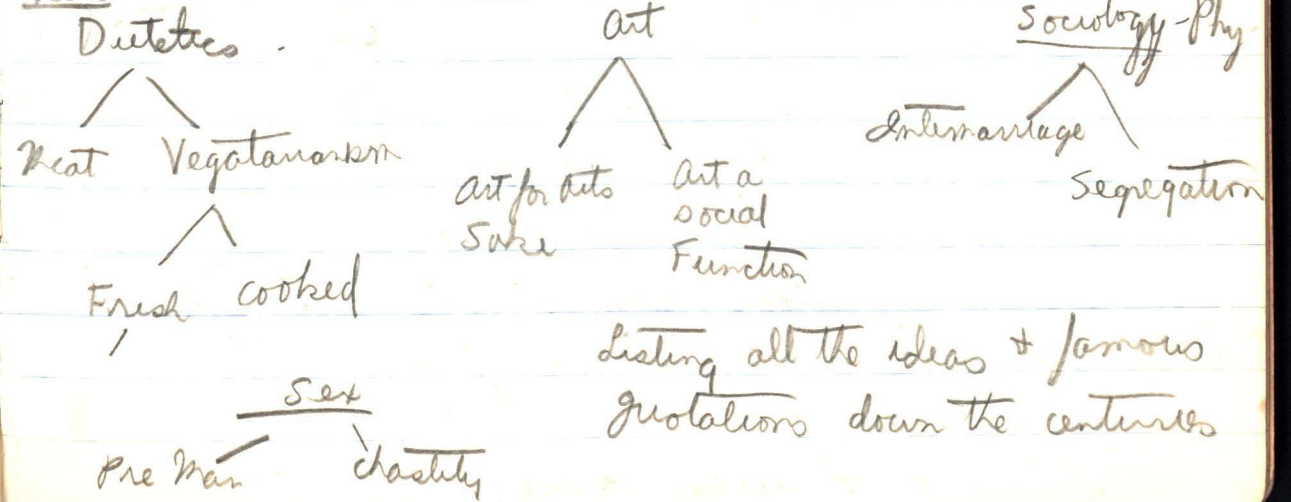
How about a magazine called "Problems"  
 Dealing each week with "different subject -  
 In a dramatic, human interest ~~style~~  
 but ~~completely~~ scientifically complete & accurate  
 well illustrated with photos & diagrams -  
 acting as a Socratic arbitrator cutting  
 through the verbiage ~~and~~ confused  
 debate & sloppy social digestion -  
 drawing the lines of disagreement sharply  
 pinning down the exact crux of the  
 issue and pointing out the ~~disparities~~  
 research <sup>needed</sup> to solve the dispute & advance  
 knowledge in the field. A magazine  
 of this type will create ~~interests~~ public  
 in activities that are of vital public  
 importance - will place the researchers  
 & scholars in their proper social  
 perspective & above all will give people a feeling  
 an intimate ~~and~~ association with the  
~~human~~ ~~crusade~~ crusade of human  
 civilization -  
 For a list of ~~current~~ subjects eternally

~~The trouble with~~

facing new issues see 8 pages back  
 on television hour.  
 The mass of laymen never ~~think~~ reflect  
 or contemplate on many problems because  
 they don't even know what the issues  
 are. ~~But~~ Many of them have advanced  
 even invaluable ideas but don't know it because  
 they have no perspective of <sup>the body of thought</sup> ~~system~~  
~~by~~ <sup>also</sup> ~~would~~ to orientate themselves - existing (state of affairs)

Each issue  
 should carry a layman's idea section  
 of responses & ideas related to the previous  
 issues "problem".

Field



The trouble with all these issues is that there is so much shouting & so ~~little actual research~~ few facts - so little ~~research~~ thinking and research. Following this ~~a~~ dialectical method we will find that we agree ~~where we~~ learn in most cases and that the problem lies where we least suspected. Then & only then can real constructive work begin!

3 Series Seneans - Acted Comedy - Candid Cameras

Candid Camera - Piazza Victoria  
Character from odd land  
Black Marketeers  
Night club  
Date Agency - Photos  
Businessman Wants to Invest  
Amer Director looking for talent  
Street Vendors  
Italian lesson

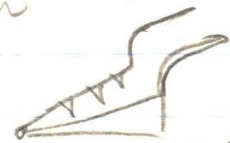
Renting a room  
Ordering a meal -

Artist behind statue - tracking up - group - suggested squirm - becomes guide can't answer modern art questions joins a group.

Two candid camera men cross paths  
The crazy dress designer from Paris  
Ms. Enrol Flynn another one.

Lemon squeezer for tea

place a moon  
section of  
lemon in



squeezer & serve with  
tea - gets every bit of  
juice out without spraying -

Lemon is  
healthy -  
interest  
Lemon +  
tea concerns

Improvement Lemon tea - hot - cold -  
teeth on both sides & funnel for juice



Essex Gas. / road map  
 Terrific map - pocket size / old silk-plastic  
 possibly made on cloth -  
 set of each state + city + whole country - road rail - air + water map - sight seeing tourist + geographical + trade maps - fine print - accurate - visual list of all hotels museums etc -  
 Set of 10 - areas in plastic - case - for car pocket.

Dramatic relief - also occupational + agricultural picture in color

Distance cross between main cities

New York - Pitts Wash etc

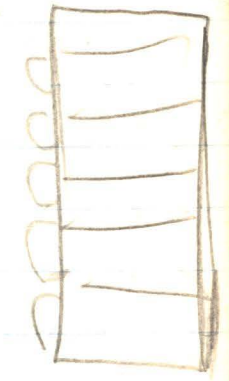
Pitts	2	50	2
Wash			100

essentially a tourist map - roads + sights

Several orientation maps  
 World - states - U.S. - 4 areas - state - city - area - city  
 tiny pocket size

Das Co. - Tourist organizations - map Co.  
 1 Map - Main sights of U.S.  
 5 smaller Area maps - more sights

set of 8 → 2



Ranjit Movietone Co.,  
Bombay

U.S. Consulate General - Bombay  
Calcutta

Indian producers  
Consulate - Rome -

11<sup>th</sup> "Vulcania" - Saturday, Nov 20<sup>th</sup>

Bicycle riders - Fausto Coppi - Bartolo  
the bike - training - the muscles  
in shape - the race - the parade  
but more than stamina is needed  
- spirit - closing of agonized faces  
- the distant gaze - the  
joy of victory -  
neophytes all over Italy  
beginning taking rides  
health tourism - the  
particular joy of riding  
a bike - subjected  
on bike

Southern Italy's recreation with  
nature -

Umbrian Wood Carving District

- money - the story of a packet full  
of money - meaning of  
design - tecnica water  
marks different - style  
the era behind each

20 min

Color - Underwater  
fantasy in  
the 4 Pioltra of Coppi

Fiesta of Siena -

( Faugts

The life of a faugst  
in little town rhythm

Brig -

Evening in a cafe  
mandolin wine -





With only 5 passengers aboard and a train in its hold the ~~boat~~ left Trelborg for Odra port. This boat

~~was a large~~ ~~train ferry~~ ~~luxurious~~ ferry, painted ~~white~~ a spotted white ~~with~~ ~~restaurants~~ ~~dining~~ ~~rooms~~ ~~and~~ ~~deck~~ ~~cafes~~ ~~equipped~~ ~~to~~ ~~handle~~ ~~thousands~~ ~~of~~ ~~passengers~~ ~~in~~ ~~either~~ ~~direction~~ ~~from~~ ~~Scandinavia~~ ~~to~~ ~~Poland~~ ~~and~~ ~~Russia~~ ~~and~~ ~~South~~ ~~Eastern~~ ~~Europe~~ ~~and~~ ~~the~~ ~~train~~ ~~that~~ ~~will~~ ~~carry~~ ~~them~~ ~~to~~ ~~Poland~~ ~~Russia~~ ~~and~~ ~~South~~ ~~Eastern~~ ~~Europe~~. ~~The~~ ~~train~~ ~~is~~ ~~in~~ ~~its~~ ~~hold~~ ~~and~~ ~~before~~ ~~the~~ ~~war~~ ~~music~~ ~~and~~ ~~food~~ ~~flowed~~ ~~during~~ ~~the~~ ~~hour~~ ~~of~~ ~~the~~ ~~day~~ ~~and~~ ~~now~~ ~~the~~ ~~train~~ ~~and~~ ~~boat~~ ~~still~~ ~~make~~ ~~their~~ ~~scheduled~~ ~~runs~~ ~~but~~ ~~the~~ ~~passengers~~ ~~are~~ ~~few~~ ~~and~~ ~~the~~ ~~atmosphere~~ ~~is~~ ~~quite~~ ~~different~~ ~~from~~ ~~before~~ ~~the~~ ~~war~~. ~~But~~ ~~everything~~ ~~was~~ ~~quiet~~ ~~and~~ ~~empty~~ ~~people~~ ~~massively~~ ~~through~~ ~~the~~ ~~pages~~ ~~of~~ ~~wild~~ ~~stories~~ ~~they~~ ~~read~~ ~~in~~ ~~the~~ ~~western~~ ~~press~~ ~~are~~ ~~afraid~~ ~~to~~ ~~take~~ ~~this~~ ~~route~~ ~~even~~ ~~if~~ ~~not~~ ~~afraid~~ ~~of~~ ~~the~~ ~~boat~~ ~~itself~~.

and the train lay ~~idle~~ empty on the rails in the hold; tourists ~~filled~~ ~~with~~ ~~the~~ ~~most~~ ~~dramatic~~ ~~and~~ ~~ominous~~ ~~photographs~~ ~~printed~~ ~~in~~ ~~the~~ ~~western~~ ~~press~~ ~~have~~ ~~been~~ ~~frightened~~ ~~off~~ ~~the~~ ~~route~~ ~~and~~ ~~since~~ ~~East~~ ~~West~~ ~~trade~~ ~~has~~ ~~been~~ ~~cut~~ ~~practically~~ ~~zero~~ ~~the~~ ~~route~~ ~~is~~ ~~practically~~ ~~dead~~.

Tourists have been frightened off the route by the ~~most~~ hysterical tales & dismal pictures in the western papers and businessmen for lack of trade are traveling ~~elsewhere~~ to other countries.

~~The~~ ~~dining~~ ~~room~~ ~~was~~ ~~in~~ ~~the~~ ~~salon~~ ~~and~~ ~~lost~~ ~~in~~ ~~the~~ ~~corner~~ ~~of~~ ~~the~~ ~~salon~~ ~~was~~ ~~an~~ ~~Indian~~ ~~businessman~~ ~~who~~ ~~thought~~ ~~the~~ ~~Swedes~~ ~~fine~~ ~~Very~~ ~~business~~ ~~like~~ ~~Very~~ ~~of~~ ~~the~~ ~~owners~~ ~~of~~ ~~the~~ ~~salon~~ ~~business~~ ~~like~~ ~~was~~ ~~the~~ ~~originator~~ ~~of~~ ~~the~~ ~~Smoking~~ ~~in~~ ~~a~~ ~~corner~~ ~~of~~ ~~the~~ ~~salon~~ ~~was~~ ~~a~~ ~~young~~ ~~Norwegian~~ ~~student~~ ~~on~~ ~~his~~ ~~way~~ ~~to~~ ~~Prague~~ ~~to~~ ~~commence~~ ~~his~~ ~~scholarship~~ ~~studies~~ ~~in~~ ~~Political~~ ~~Science~~ ~~at~~ ~~the~~ ~~University~~.

he growled <sup>between narrow puffs</sup> <sup>longer</sup> <sup>country is</sup>  
The swedes are complacent ~~and~~ <sup>and</sup> - They <sup>are</sup> richer, <sup>they</sup>  
older & bigger than Norway or Denmark - but they  
are narrow ~~and~~ <sup>and</sup> stiff as ~~the~~ <sup>the</sup> individuals. ~~They~~

When he learned the American & leaned forward anxiously  
he said - You know the Americans - ~~the~~ they are friendly  
~~to this~~ - You know I ~~don't~~ <sup>don't</sup> meet many ~~bright~~ <sup>bright</sup> young  
~~the~~ American students ~~but~~ they ~~are~~ <sup>are</sup> very ignorant  
in all ~~sorts~~ <sup>sorts</sup> of things - who are very bright & interested  
about politics - but they know absolutely nothing  
could be so ignorant - It is amazing a University student  
in America - Don't they teach political science

As a perfect example of this ignorance  
~~he~~ <sup>he</sup> replied <sup>rather</sup> weakly that the main  
emphasis was on Science & the professions & that  
living in comparative wealth with a system that  
~~is~~ <sup>is</sup> roughly adequate <sup>to our needs</sup> ~~is~~ <sup>is</sup> interrupted by ~~the~~ <sup>the</sup> political  
~~disturbance~~ <sup>disturbance</sup> ~~which~~ <sup>which</sup> have not ~~yet~~ <sup>yet</sup> ~~been~~ <sup>been</sup> of matter  
I read on the table the way it was in Europe - ~~the~~ <sup>the</sup> ~~books~~ <sup>books</sup>  
As a socialist he took a demerit source of the ~~to~~ <sup>to</sup> books ~~reason~~ <sup>reason</sup>  
for our thought our ignorance deliberate & calculated.

At 5 o'clock as the ship was beginning  
to ~~start~~ <sup>start</sup> ~~pass~~ <sup>pass</sup> the ~~sunken~~ <sup>sunken</sup> ~~bulbs~~ <sup>bulbs</sup> ~~and~~  
that that ~~is~~ <sup>is</sup> at the mouth of the Port. As the ~~time~~ <sup>time</sup>  
suddenly ~~chases~~ <sup>chases</sup> & cranes - ~~begin~~ <sup>begin</sup> to begin to distinguish  
themselves against the ~~beering~~ <sup>beering</sup> sky I ~~know~~ <sup>know</sup>  
from experience that my ~~kind~~ <sup>kind</sup> ~~picture~~ <sup>picture</sup> of Poland  
as a land of ~~many~~ <sup>many</sup> mud ~~halls~~ <sup>halls</sup> ~~to~~ <sup>to</sup> with ~~crooked~~ <sup>crooked</sup> ~~butts~~ <sup>butts</sup>  
overcast with purple clouds of a Chagall painting - would be

When I asked if I could go to Warsaw I  
was brought to him - after a ~~short~~ <sup>quick glance</sup> at  
my papers he said No - ~~My heart sank~~ <sup>My heart sank</sup>  
~~that a great vice - not a visitor vice~~ (the  
interpretor told me in German) My heart sank  
~~all the things I wanted to know~~ known - the  
people ~~the people~~ <sup>the people</sup> the museums, theaters, ~~scenery~~ <sup>scenery</sup> ~~the~~  
camps! ~~As~~ all the questions I wanted to ask ~~the~~  
~~people~~ the doubts I wanted so desperately to settle  
~~I couldn't~~ <sup>I couldn't</sup> all this ~~at night~~ <sup>at night</sup> filled up in a train with  
nothing but ~~the~~ <sup>the</sup> night morning windows ~~in~~ the  
morning I would out of Poland. I'm in my terrible  
German I tried to explain that the ~~you~~ <sup>you</sup> ~~had~~  
~~to~~ <sup>to</sup> ~~only~~ <sup>only</sup> the pts. of ~~exit~~ <sup>exit</sup> ~~at~~ <sup>at</sup> ~~the~~ <sup>the</sup> 2 days ~~to~~  
~~stay~~ <sup>stay</sup> ~~in~~ <sup>in</sup> ~~Poland~~ <sup>Poland</sup> ~~at~~ <sup>at</sup> ~~night~~ <sup>night</sup> ~~and~~ <sup>and</sup> ~~it~~ <sup>it</sup> ~~didn't~~ <sup>didn't</sup> ~~say~~ <sup>say</sup>  
where I went anything about where I went. ~~during~~  
three 2 days. I claimed I could get to Warsaw see  
it & get to Chalupki my pt of exit in 2 days.  
He listened patiently ~~to~~ <sup>to</sup> the interpretor ~~and~~ <sup>and</sup> ~~refused~~ <sup>refused</sup> -  
~~and~~ <sup>and</sup> ~~said~~ <sup>said</sup> No ~~and~~ <sup>and</sup> ~~walked~~ <sup>walked</sup> ~~off~~ <sup>off</sup> ~~to~~ <sup>to</sup> ~~work~~ <sup>work</sup> ~~and~~ <sup>and</sup>  
desperate - everything wanted - ~~the~~ <sup>the</sup> Two trains were  
stranded up & waiting outside - one for Warsaw  
the other for the Chalupki. I went up for a ~~ticket~~ <sup>ticket</sup> ~~and~~ <sup>and</sup> ~~asked~~ <sup>asked</sup>  
I ~~went~~ <sup>went</sup> ~~to~~ <sup>to</sup> ~~asked~~ <sup>asked</sup> the R.R. agent for a ticket. He asked  
where to - Warsaw. My heart jumped & before I  
knew it I ~~heard~~ <sup>heard</sup> ~~myself~~ <sup>myself</sup> I said yes. ~~He~~ <sup>He</sup> ~~made~~ <sup>made</sup> ~~up~~ <sup>up</sup>  
the ticket ~~by~~ <sup>by</sup> ~~hand~~ <sup>hand</sup> your dollars for ~~the~~ <sup>the</sup> ~~lottery~~ <sup>lottery</sup> for your ticket

All this was happening 5 yards from the office which  
I had to go to. My feet were in my  
mouth. I was so excited changing my money the  
forward blood-headed Pole in the window had to  
see what I was doing through the pane. When  
I approached he smiled and said "What's the  
matter?" I said "I'm here for a passport." He  
said "For my father?" I said "For my father."  
He grabbed my knapsack & headed the train  
on the second track. I looked quickly at  
my apartment, shut off the lights & pulled the blinds  
closed up on the seat. I prayed God help me  
now here or I was going to a state which  
dominated by the red state where men are  
are supposed to be dragged off on the street  
& shot as enemies of the people. As the train  
moved in my knees got weak and I felt the  
- <sup>deeper</sup> fate that awaited at that strategy betrayed  
two holdings me to the security of my home & the  
protection of my father & my country. I was like  
pulling threads from my fingers. I had crossed the  
line. The power of power & threat was completely on the other  
American passport. If you cross the law the  
circulate so power that you can't see it. I need  
but more of this kind of world. I need

be wiped away - and so the Turry lane of black brown  
lensed, moved closer, and ~~was~~ ~~substantially~~ ~~de~~ ~~known~~  
a ~~great~~ ~~and~~ ~~vital~~ ~~substance~~ - a land filled  
with ~~machines~~ ~~and~~ ~~the~~ ~~even~~ ~~blood~~ ~~of~~  
~~gases~~ - a large square of the ~~filled~~ ~~with~~  
full of ~~a~~ ~~great~~ ~~complex~~ ~~off~~ ~~sufficient~~  
a complex ~~the~~ ~~ancient~~ ~~moving~~ ~~reality~~. Beating  
then ~~to~~ ~~own~~ ~~rythms~~, ~~it~~ ~~absorbed~~ ~~with~~ ~~its~~ ~~own~~  
march ~~of~~ ~~grasping~~ ~~for~~ ~~its~~ ~~own~~ ~~purpose~~.  
~~with~~ ~~its~~ ~~own~~ ~~streams~~ ~~for~~ ~~its~~ ~~own~~  
an volcano ~~of~~ ~~fire~~ ~~like~~ ~~a~~ ~~great~~  
amoba - it would ingest ~~me~~ ~~move~~  
like a neutral particle of water through the  
being ~~in~~ ~~the~~ ~~distance~~ ~~of~~ ~~its~~ ~~own~~  
with ~~the~~ ~~distance~~ ~~of~~ ~~its~~ ~~own~~  
fill my memory. It would ~~be~~ ~~another~~  
myth ~~in~~ ~~my~~ ~~memory~~ ~~as~~ ~~one~~  
~~the~~ ~~ship~~ ~~glided~~ ~~quietly~~ ~~up~~ ~~the~~ ~~channel~~  
~~the~~ ~~ship~~ ~~glided~~ ~~quietly~~ ~~up~~ ~~the~~ ~~channel~~  
channel ~~with~~ ~~part~~ - The ship glided quietly ~~up~~ ~~the~~  
imaginary line that runs in ~~the~~ ~~channel~~ ~~with~~ ~~part~~.  
and there ~~is~~ ~~a~~ ~~most~~ ~~obscure~~ ~~part~~ ~~of~~ ~~the~~ ~~water~~  
The ship glided ~~quietly~~ ~~up~~ ~~the~~ ~~channel~~ ~~with~~ ~~part~~  
The ~~ship~~ ~~glided~~ ~~quietly~~ ~~up~~ ~~the~~ ~~channel~~ ~~with~~ ~~part~~  
and looked ~~quietly~~ ~~out~~ ~~over~~ ~~the~~ ~~channel~~ ~~at~~ ~~the~~ ~~remains~~  
remains of a part. The sun ~~had~~ ~~almost~~ ~~set~~

only a few lights were on - no people in sight  
for the first ~~time~~ <sup>in the darkness</sup> ~~we~~ ~~heard~~ ~~the~~ ~~noise~~  
of a ~~band~~ of a ~~kind~~ of deep wounding & killing arrows  
lay smouldering before ~~us~~ ~~we~~ ~~would~~ ~~run~~ ~~away~~ ~~from~~  
the ~~dark~~ ~~in~~ ~~faces~~ & ~~the~~ ~~100~~ ~~houses~~ ~~were~~ ~~left~~  
in the ~~dark~~ ~~air~~ sparkling in ~~sun~~ at midday today

We docked and while the engine ~~traced~~  
itself ~~pulling~~ ~~the~~ ~~boat~~ ~~and~~ ~~setting~~ ~~up~~ ~~the~~ ~~train~~  
we went ~~to~~ ~~the~~ ~~custom~~ ~~house~~ ~~was~~ ~~neatly~~  
~~with~~ ~~small~~ ~~mirrors~~ ~~of~~ ~~various~~ ~~kind~~ ~~and~~ ~~covered~~ ~~up~~  
neatly ~~and~~ ~~planned~~ ~~and~~ ~~covered~~ ~~up~~ ~~with~~ ~~a~~ ~~handful~~  
of ~~officials~~ ~~and~~ ~~huddled~~ ~~up~~ ~~around~~ ~~the~~ ~~old~~ ~~door~~ ~~way~~

~~and~~ ~~docked~~ ~~at~~ ~~a~~ ~~few~~ ~~potholes~~ ~~were~~ ~~on~~ ~~hand~~ ~~to~~  
dock the ~~boat~~ ~~for~~ ~~the~~ ~~engine~~ ~~was~~ ~~beginning~~ ~~pulling~~ ~~up~~ ~~the~~ ~~cars~~  
from the ~~boat~~ - ~~we~~ ~~had~~ ~~the~~ ~~dearly~~ ~~let~~ ~~the~~ ~~cars~~  
to have ~~our~~ ~~papers~~ ~~and~~ ~~baggage~~ ~~checked~~ ~~the~~ ~~large~~ ~~man~~  
was neatly ~~painted~~ ~~and~~ ~~covered~~ ~~with~~ ~~mirrors~~ ~~of~~ ~~various~~ ~~kind~~  
only a handful ~~of~~ ~~officials~~ ~~and~~ ~~guards~~ ~~were~~ ~~needed~~  
to process ~~us~~ ~~the~~ ~~man~~ ~~at~~ ~~the~~ ~~entrance~~ ~~of~~ ~~the~~ ~~boat~~

~~was~~ ~~at~~ ~~the~~ ~~entrance~~ ~~of~~ ~~the~~ ~~boat~~ ~~was~~ ~~going~~ ~~away~~ ~~of~~ ~~ice~~  
with ~~mean~~ ~~shiny~~ ~~boots~~ - a black ~~patrol~~ ~~of~~ ~~the~~ ~~point~~  
patrol ~~man~~ ~~was~~ ~~at~~ ~~the~~ ~~point~~ ~~of~~ ~~the~~ ~~point~~  
where ~~a~~ ~~double~~ ~~patrol~~ ~~was~~ ~~at~~ ~~the~~ ~~point~~ ~~of~~ ~~the~~ ~~point~~  
where ~~the~~ ~~patrol~~ ~~was~~ ~~at~~ ~~the~~ ~~point~~ ~~of~~ ~~the~~ ~~point~~  
sever ~~of~~ ~~Latiff~~ ~~and~~ ~~Concannon~~ ~~the~~ ~~patrol~~ ~~was~~ ~~at~~ ~~the~~ ~~point~~ ~~of~~ ~~the~~ ~~point~~  
This ~~was~~ ~~the~~ ~~patrol~~ ~~of~~ ~~the~~ ~~point~~ ~~of~~ ~~the~~ ~~point~~  
was ~~a~~ ~~perfect~~ ~~symbol~~ ~~of~~ ~~the~~ ~~patrol~~ ~~of~~ ~~the~~ ~~point~~ ~~of~~ ~~the~~ ~~point~~  
Autocracy ~~that~~ ~~has~~ ~~sunk~~ ~~deeply~~ ~~into~~ ~~the~~ ~~patrol~~ ~~of~~ ~~the~~ ~~point~~ ~~of~~ ~~the~~ ~~point~~  
Autocracy

side from what I had been living with & grown  
accustomed to. Nobody makes snide little jokes  
about ~~the~~ ~~gangs~~ ~~there~~ - ~~really~~ ~~shaming~~ ~~invites~~ -  
- and ~~there's~~ ~~not~~ ~~another~~ ~~the~~ <sup>with</sup> ~~most~~ ~~common~~ ~~isn't~~  
~~a~~ ~~clayden~~ - and you don't ~~read~~ <sup>see</sup> newspapers,  
with screaming about Red aggression - showing  
Uncle Joe and a company of things ~~stealing~~ <sup>stealing</sup> the  
globe. Here the great flood & tide with ~~the~~  
all the little side & eddies & currents <sup>of</sup> ~~of~~ ~~parts~~ <sup>of</sup> ~~the~~ <sup>comp</sup> ~~little~~  
of anti communism - is doped flat cold &  
real. The whole tide moves the other way -  
~~The~~ ~~Every~~ ~~The~~ ~~little~~ ~~munch~~ <sup>at the</sup> <sup>entire</sup> <sup>house,</sup> <sup>the</sup> <sup>office</sup> <sup>the</sup> <sup>language,</sup> <sup>the</sup> <sup>posters</sup>  
at the ~~railroad~~ ~~station~~ ~~and~~ ~~all~~ ~~of~~ ~~you~~ ~~can~~ ~~through~~  
~~the~~ ~~at~~ ~~the~~ ~~standing~~ ~~in~~ ~~the~~ ~~tiny~~ ~~R~~ ~~R~~ ~~stations~~  
~~standing~~ ~~at~~ ~~me~~ ~~from~~  
made the power palpable & real - & touched it in the  
air - & ~~I~~ ~~staggered~~ ~~off~~ ~~balance~~ ~~so~~ ~~used~~ ~~was~~ ~~to~~ ~~leaving~~ ~~the~~ ~~other~~ ~~feeling~~  
the pressure ~~from~~ ~~the~~ ~~other~~ ~~side.~~

As these new forces gripped me ~~at~~ ~~the~~ ~~difference~~ I felt  
for the first time how ~~huge~~ <sup>big</sup> & how demoralized & how  
starkly serious the East West conflict was.

AUTOMOBILE-CLUB DE L'ILE DE FRANCE  
PARIS

(SEINE SEINE & MARNE SEINE & OISE OISE)

8, PLACE VENDOME - PARIS (1<sup>ER</sup>)

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M

Prière de rappeler votre  
ancienne adresse et votre adresse  
actuelle si vous avez un domicile  
provisoire.

Paris, March the 25th 1950

Monsieur HEILIG Morton,  
C/o American Express Co,  
MUNICH,  
Germany,

Dear Sir,

I am sending you enclosed your " Carte Grise " which is the last document needed for your car.

Would you please be kind enough to acknowledge receipt of this document as soon as you receive it.

Hoping this will give you entire satisfaction,

I remain,

Yours faithfully,

*Neapolitan music - mandolin - american bongo  
find some sad neapolitan song that says goodbye  
row boats following ships out with guitar  
& flowers - out distancing - lights of beautiful  
Napoli on - turning back empty alone to  
life of ship - leaving pier empty - returning  
to same campagna but closing door - light  
whistle of ship over sundown country side*

*S. Beuret*



Adm Napoli

sounds of america over diverse parts of  
poor Italy - Shims of Naples - Mountains of  
sicily starts of Calabria - Campagna  
peasant stopping his plow listening - jazz  
Ho ricevuto una lettera di mia fratello  
di Napoli =

The big ship pulled into dock the black  
hull waiting for its human cargo - loading  
at night -

Packing checking papers to bed early  
in local hotels - drunk last family  
supper - last lay in bars -

Starts on big closeup of ship - bow  
of funnel - excellent papers - night  
gang plank - I open Annunzio -

12 ~~20~~ 4 o'clock arrives - whistles  
crying - goodbye with telephoto - last down  
gang plank - emptying pockets throwing  
cigarettes - consolation of friends - throwing  
handkerchiefs - people move down on both ship  
& pier to be able to wave goodbye -  
Wave handkerchiefs - bare sorrow - getting into

rich  
peasants

