

Book 23

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The subject of education should
be the perspective of man
today - the history of the
Universe of evolution of life
& of the development & falls
of civilization - ~~so~~ as understood
in the light of the latest
scientific research.

The processes - and forms
of this development - a picture
of today and a spotlight
on the future -

All things to be discussed &
presented in their true
human life & blood terms
in this way each subject
is a lesson in philosophy
psychology - each a door

into a many sided room - Life -
accompanied by solid training
for health & action - creativity
and effective action.

Not calculus in and by itself
but the philosophic import of
calculus - the scientific observations
leading to its dev. - The life &
struggles of Descartes - Leibnitz -

Naturally not everything can be
taught - but the main
currents - the essence - the
organizing ideas - can be
presented dramatically.

Man - seeing himself clearly
as the front wave of certain
development - understanding the
forces & quarters of his present

world - healthy, strong &
with tools in his hands
starring off into the tempting
territories of the unknown
uncreated unexperienced.

Two ~~alternatives~~ alternatives - to
analyse Roman ~~and~~ Greek
civilization in the light
of modern sociology - or only
in its own terms as it
was known to itself -

i.e. discussing evolution
presenting the idea of evolution
only ^{as part of the story of England} in 1800 when Darwin
presented it - or in analyses
of the development of man
before the earliest civilizations

12. Learn history the way man

himself discovered - retrace in
miniature the development of
the macromism - or not.
make mind stumble & illumine
its way onward the way the
mind of humanity has done
civilization - ?

Intelligence & wisdom is ~~often~~ often
a question of right choosing

How close one comes to ~~the~~
^{deciding} ~~the obvious~~ the obvious & stupid
creations of one's head before
embracing the ~~idea~~ ~~idea~~
~~and~~ truly gripping idea born
in another head. Read or
heard of

am interested in the discovery
illumination of processes
methods - which one grasped

Through malfunction of
an organ arises a
~~state of the sense~~ sense
of helplessness - & in the
~~absence of an effort~~ effort to
prove to oneself that
the organ exerts a whole
set of useless & neurotic
gestures develop -

Correct functioning can be
imposed from the top -
from calculated external
exercises that try to
heathly lift back into
the function - But the
real base for correct
functioning starts ~~then~~
before conception & works largely
smoothly & substantially

Love - One woman - ~~over~~ long period
of time - one session at
least every 5 days -
intercourse 3 times each
session - highest with definite
intention of conception
Bodies in excellent health &
energy - privacy & freedom from
fear - a natural joyful right

Thinking - Reading - discussion
writing & diagramming -
best in morning

Creating - afternoons - Silence
quiet - individual
after weeks & months
of concentration &
absorption.

There are certain processes
of living which are essential
~~and~~ ~~nutrifying~~ and
inherently satisfying.
Like ~~also~~ an anchor
in the turbulent stream
of life from which we can
never drift too far without
destruction.

Each of these processes
has a set of conditions
~~and a set of~~ or a ritual
~~of~~ ~~of~~ which permit these
^{processes} to function. It is the
job of the school and
society to provide the
preconditions that each
man can feel the ^{fullest} force of life
flowing through ~~to~~ him to its
highest creative end.

only
It is in relation to these processes
that one can distinguish
real life from false life -
real living from false living

Each process successfully
culminated results in an
orgasm -

Real process + real orgasm
of each phase assists
all others - each mounting
like additive impulses
in ever ascending
spiral of living

~~Orgasm of sweet, physical~~
~~Orgasm of physical exercise, weather~~

Orgasm of Nutrition - Digestion

Orgasm of Repose - Sleep -

Orgasm of Love - Sex -

Orgasm of Thinking - Reasoning

Orgasms of feeling

Orgasm - Expression, creation

~~Orgasm of~~

Orgasm of awareness, observation
contemplation beauty

Orgasm of cleanliness -

internal external

Orgasm of Spiritual Awareness
dedication & peace

Each organ, each capacity of
man must be used
& developed ~~or~~ or it
withers away - A cold
~~or~~ abstract acknowledgment
of their existence is not
sufficient. They must
be used and revealed to
themselves - & not once
but periodically -
or else with their withering
away they drag with
with a whole chain
of neurotic imbalances -
which carry a man
down a declining spiral
to misery, impotence &
death -

to put into practice
yield the million fruits

Scientific process

Life process

Aesthetic process - (there is a

process that
so subtle & abstract as the best
seems to be left alone - the
absence of one)

It is not true that he who
can't create / investigates process)

Guerson is treating only the
middle issues and avoiding
the basic religious & philosophic
problems of our times -

Individualism has a basis
in religion - revelation -

It has first principles -

Where are the first principles
justifying men's thirst for
knowledge - will for longer &
healthier life - will for
power to voyage over the
universe - to control weather
& sun

The church does not provide it
It is in love with death & unity
The arguments of the Communists
do not fill the deepest needs
of completeness, authority, placing
man in an all embracing
spatial & temporal perspective

The fundamental chronic
sickness of our society
ultimately falls back on this
& don't know if a hundred harmonies
from death can create the

materialize the ^{embellished} word ~~of~~
~~of~~ connection to Reality
- that up till now? has come
with one stroke of intuitive
genius from above.

The process of the development
of ~~religious~~ religious convictions
?

Processes are abstractions - when
they become refined and
~~set~~ ^{set} ~~extensive~~ enough to be
complete they are hardly ^{no} ~~no~~
longer discernable ~~from~~ from ~~the~~ ^{that} was
~~an~~ amorphous situation, before -
because one is all & all is one
all the ~~parts~~ ^{factors} of life entering into
each & every process.

Practical compromise is extremely
fruitful however - but never
to be dogmatized.

I am interested in the processes
of creating
Science is the process of creating truth
⁵
(The process of creating Good
The process of creating Beauty
The process of creating Health
The process of creating Action)
The process of creating Religious
Belief

Science
is part
Medicine
should be
best

People Each person is
born with ~~obligatory~~ capacity
for ~~self~~ ^{self} process - a genius
so to speak for one over the
others - The task of placement
tests before education is det.
accurately which one.

This ^{is} how the ~~the~~ culture of the
East with illuminate the
West to itself - Yoga =
The study of the way

He who knows the way & has
the capacity suited ~~arrows~~ -
the orgasm - or inherently
good realization - the
deliverance - that tranquility
pacifies - breathes & elevates -

The west might add the
sub-process of -
Process of organization
or Process of Production

"Food and Faith of the People"

We ~~we~~ crave total answers
a complete perspective when
only partial answers are
available (or only be offered)
which.

In the long run the great
contribution of the west to
~~creation of the realization~~ realization
a humanity of maximum
fruitfulness creative power
and development potential -
will be the ~~techniques~~ application
of the ~~the~~ Yogas of India to the
great mass of people -
Indian Religion is essentially
egotistic - self development
Western Christianity - altruistic

of socialistic help & love for
others -

in India ~~so~~ the select
are a cast set apart -
contemplating for self fulfillment
in mountain layers -

The height of western intelligence
is service to humanity -
not segregation but working
in its midst.

This development of the West
will involve certain basic
changes in the ^{heart} ~~Yogas~~ themselves
because of their ^{different} destination &
then ~~for~~ principally this their
technique of mass dispersal
~~to~~ - the creating of an mass
the vast physical & social
substrata from which Yogic

experience will flower like
a million ~~papers~~ lilies ~~in~~
~~rich~~ soil that is rich & sown

~~(of its own natural good &
superiority)~~
(of its own natural good &
superiority)

as the trees flower with their own
inherent will & life (given the
~~and~~ proper conditions
& chard)

Not the peoples
but the disease -

The vast underlying
principle that is the
birth & death of all particular
incidents

The Way

1. Study Eastern Yoga completely
2. Discern ~~the~~ attempts at Yoga
Western form
3. Codify ~~Yoga~~ Western Yoga destroyed

~~with humanity~~
for all the individuals
of humanity

4. State the physical & social ~~means~~
substrata necessary - their
means of production & distribution
i.e. the ~~state~~ social order that
political & will provide them
create the soil.

(of physical & spiritual
health)

The Way

Today it requires "social" action
~~to realize~~ to help realize (provide the
conditions for) the innermost
individual development
(if the individual is searching for this is not

to detach himself from society
also cooperate emotion is part
of self fulfillment

Feeling or "emotional thinking"
is truer & more embracing than
cold cerebral thinking -
at any rate it requires a ~~more~~
a higher more energized state
of nervous energy - because
one can think after mastication
but not creatively feel -
i.e. transpose himself
completely into another atmosphere
by imagination or identify
himself with the psyche of
a foreign character.

Moore should limit film -
Film in the realist tradition should
just color - stereo, smell touch -
natural sounds to their fullest

boundaries - ~~being~~ doing everything possible to ~~create~~ create in the spectator the illusion that he is physically in a certain place & actually partaking in a certain experience.

1. Film of spectacular type - should make use of every device all the realist/abstract but in any all combinations to achieve ~~the~~ an effect - music - chorus contrapuntal sound - counterpoint smell & touch - truce etc

2. Film in the pursuit ~~being~~ applying should accept the limitations of ~~its~~ images only as a challenge discipline that ~~liberates~~ ~~gives~~ carries the artist & spectator to strange new lands (imotions & reflections) and gives delight & pleasure in the display of skill

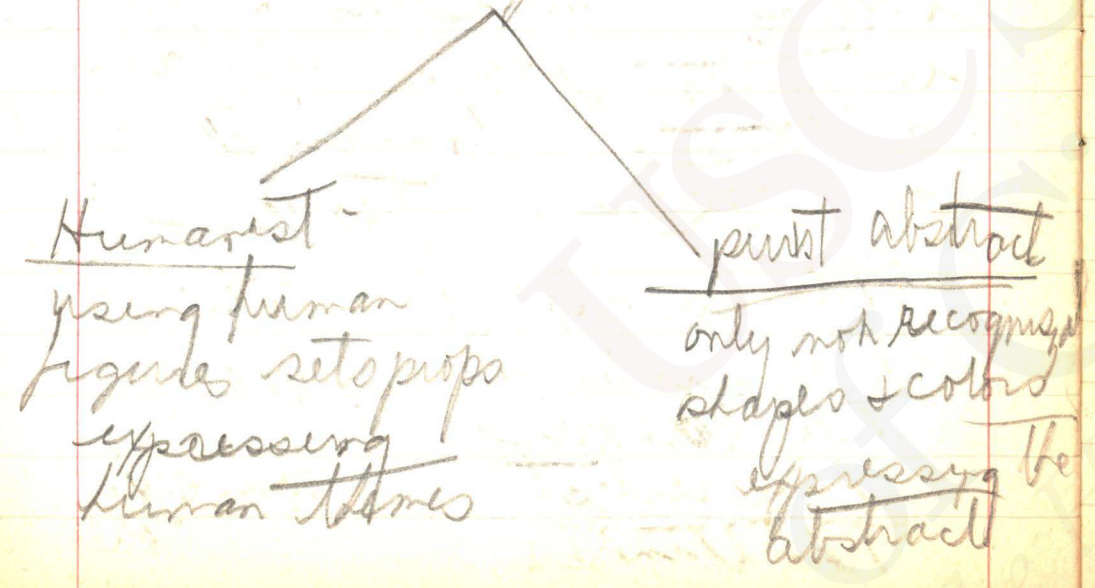
^{satisfies wisdom} and ^{by communication} the philosophic truth that the universe can be expressed through any one facet of itself - all is one

~~etc~~ This work proceeds of the assumption that every sentiment thought or experience has its corresponding ~~to~~ image in motion. These should ~~be~~ be

2 dimensional -	or 3 D mm
Monochromatic in tone	Color -
Soundless & smellless	Soundless

↓
This doesn't mean limitation that would prevent current film technique to expand
→ Film today haven't begun to scratch the surface of the potentials open to them under the term of free imagery sets actors - animation -

puppets - truces - montage -
 micro & macro photography
 x-ray - infra red - painting
 on film - anything & everything
 you want to do to create
 a certain moving image
 in any & all combinations -
 best however if done so
 perfectly that one sees only
 the image & thinks not
 of the technique behind it



Naturally all these classes -
 will effect each other as they
 develop & intermix in
 subtle degrees -

I would like ~~use~~ free imagery
 & possibly free contemporary sound
 words & music steps -
 to go right to the heart of
 the human concepts & problems
 - expressing - the characters,
 settings, tensions & forces &
 situation plus in an
 abstract Universal style
 such ~~these~~ realities as -

- | | |
|----------------|----------------|
| The homosexual | The mother |
| The prostitute | Woman |
| The laborer | Man |
| The artist | Man & Universe |
| The thinker | Religion |

The babies of the World - Infancy
Old Age -

Fear of Death -
Search for orientation - (religion)
Stumbling on from day to day
the dizziness & confusion
& ultimately blind acceptance
& passage of life

These many more are subjects
~~close to hearts & ears~~ are the
very heart of most peoples
being & private reflection
curiosity & need - ~~It~~ here
is the beauty & the drama
- they should not & can
no longer be avoided -

directs - chiaro-obscuro + important
per la vita.

A whole field of artistic representation
~~is~~ that we feel will be the subject
of literature in 10 or 20 years
are the common phases of human
life which have eluded ~~the~~ our
gaze for dramatic material
because ~~we~~ like ~~to~~ ^{see} our noses are
too close to us. These marvelous
phases are -

Pregnancy -

The joy of blooming into manhood
& womanhood

First love making -

A fight -

Dying -

In particular I feel the unity
and tremendous richness of
pregnancy -

Beginning with the desire for
a child / the act of making
love - the sperm ascending

Being informed - the whole
conversion of the woman's world.
• ~~the tender~~ ~~the~~ the new
tender admiration of the husband
- the dizzy spells - ~~the~~ increase in
the swelling of the ~~the~~ appetite
the embryo developing - the fear
of miscarriage & death - the
listening to the kicking playing
resting & talking to it - the
swelling & blooming - pressing
out of life within - looking
at all the people on a crowded
street as having been born
once - looking into the faces
of little children trying to
see yours choosing a name -
shopping for clothing - a young
husband & young wife
bundled up against the cold
in the midst of a ~~hard~~ ~~met~~
cruel metallic ~~utterly~~ ~~utterly~~

~~carrying~~ ~~catering~~ carrying this
~~organic~~ primitive organic
miracle with them through
revolving doors - the ~~two~~ of
them ~~working~~ - ~~menturing~~ as one
aw struck
Praying - dreaming of the ~~fire~~
circle they would like it to
become - ~~supractions~~ - & just
resting back letting nature
take the controlling hand &
work ^{out} its powerful convulsive
forces through them - pass out
resting & listening to powerful
forces of life drawing through
millions of years of evolution
through history up through
the night - through pain
& finally into a last anguished
leaving - out into the light of
air & space & a new being ~~man~~
- the birth pangs - the preparation

expresses the embryo readying
- the birth - out - out
out great egg - ahh -
- a baby - but - the slow
closing of the womb - the
lapping of the flesh back into
the vacuum - job done -
rest - the relaxation &
joy of husband & mother &
father & doctor - all worshipping
the new born miracle -
& loving with tender mercy the
vessel -

There are two levels of
thought - 2 levels of action
One of - things that are essential / important
contributing to life ~~and that~~ that
are frivolous - superficial
sapping energy & returning
nothing - I love things of
the first level - I love maturity

of love seriousness - when one
is sick or close to gaps of
uncertainty of death all
things are thrown into one camp
or another with sharp -
unswerving relief -

Life must feel itself - if the sense
action adventure excitement
"Function" can realize itself
in working for moral good &
then like a flooding force it
will find another outlet of degeneration
maddening - ~~the~~ adultery -
robbery - fighting ~~the~~ the
tear and tear ~~the~~ the one of body
& soul apart - to death -

I'm bold says the rich degenerate
What can I do with myself say -
the nagging old people
What had better to do no place

to go ^{confess} ~~say~~ the juvenile
delinquents to the judge
after the crime -

I want to feel my blood
run says the collar bound
city youth before he picks
a fight or masturbates

I want to be to fill intensely
says the ~~unexpressed~~ ~~untrained~~
soul that is removed from
fresh experience & life & has
no training or materials to
express himself before he
drinks -

attach the drive of energy
excitement - realization - function
to projects for life - or it
work recklessly - eat or itself

like a mad career & destroy -
This is ~~the~~ one of great
challenges of socialism - to
channel energy creatively &
thus create sanity & health &
~~about when~~ ~~we~~
above when ~~because~~ we have
more & more ~~hours~~ of leisure time
time to ~~find out~~ ~~and~~ worthy projects
of our energy

(This is common but important.)

The Reign of Reason -

I would like to do a story
tracing the path that a
reasonable conclusion must
take until it wisdom is
practically applied to
benefit our lives in the

U.S. (if it ever reached)
 How devious - how long -
 how perverted distorted
 how blocked - by greed
 ignorance & superstition
 how profited upon by
 opportunists - & how often
 it is so exhausted that it
 dies on the way & never
 reaches the people -

as a ^{small} particular theme amidst
 the greater theme of perversion
 of original ideas - by
 mediocre minds - unhappy
 conditions -
 Christianity
 Communism

Great ideas - Spirit is all -
 Man - a drop in the ocean
 of spirit
 ↓
 the ostentatious treasure of S. Petrus
 Communism -
 etc
 ↓
 police state
 domination
 fear

in the U.S. for example the idea of
 necessity of natural conservation
 Scientific observation of land erosion
 Scientific calculation of forest
 consumption
 ↓
 50 years & years
 land conservation
 reforestation

This is a study in a study of sloppiness
symbolized by a study of sloppiness
rotating mechanism to action

Decay of Capitalism
was slow education
↓
Communism

oil of Smoking - cooking -
clothing - drinking - condensed
goods etc

↓
elimination of these by
law -

I look forward to great scientific
governing board - Plato's Philosopher
Kings - where the good from discovery
to universal application is swift & direct

The reign of ignorance -
power politics -
very, very
tragedy -

