



Healthy Soil is Key

4/7/2017

When we kicked off our “Word Wednesday” yesterday, we defined sustainable farming, biological farming, and organic farming. We discussed how biological farming leads to soil health and soil wealth. And how a biologically teeming soil can reward its caretaker with reduced input costs because of the enhanced nutrient cycling, great water-holding capacity, changes in both soil color and tilth, and large root masses with active rhizospheres. We shared about products that are allowed in both [biological](#) and [organic](#) farming.

Then we came across a myth-busting article written by David Montgomery, of the University of Washington, that debunked myths associated with biological and organic farming. In a quest of research for his forthcoming book, he met with innovative farmers from North and South Dakota, Ohio, Pennsylvania, Ghana, and Costa Rica. He found this biological approach to farming will be necessary to feed the world's future population. He saw how farmers in both, developed and developing worlds, rebuilt the fertility of their degraded soil, which then allowed them to maintain high yields using fewer inputs.

[Click here](#) to read the full article.