

The Best Expert Shoe Advice In One Place

Have you loved shoes since your childhood? Or, are shoes something you feel you know nothing about? Either way, being an expert on shoes can help you find the best ones for your taste and needs. In this piece, you are going to be given tips to help you on the road to shoe wisdom.

If you have bad feet, you should think about buying shoes that have an all leather bottom since they help protect the feet from damage. They cost a bit more than other shoes, but that is far less than you will end up paying for regular visits to a podiatrist.

Find the shoes you want in the store and then buy them online. This is a nice way to save money on your shoe purchase. Many times online stores have better prices than brick and mortar stores and you can get the shoes you want online. Not only that, there may be additional options online. [perfectkicks](#)

Do not wear high heels all day long. If you must wear them, keep the time you are clad as short as possible. Wearing heels puts too much pressure on the balls of your feet and this will cause you a lot of problems in the future. Carry along flats so you can interchange them as you see fit.

Do not purchase a pair of shoes before putting both shoes on and walking around the store for a while. A shoe that doesn't fit right is something you may not see right away unless you actually try it on and walk around. Try on multiple sizes until you find the perfect fit.

Beware of forcing your shoes or sneakers to multitask. Not every pair of shoes is great for every circumstance. Did you know for instance that there are differences between walking shoes and running shoes? You'll be better off by identifying your need, and then choosing a shoe that fits it well.

Keep a nice pair of neutral shoes in your closet. A nice pair of black or brown shoes go with almost anything. If you keep a pair, you are sure to have something to wear with anything. Get a classic style in one of these two colors and you'll be covered.

Whenever you go shoe shopping, wear or bring the same type of socks that you will be wearing with the shoes you intend to buy. If you don't try the sizes on while wearing these socks, you really can't get a good idea about the actual fit. Avoid trying shoes on barefoot or with nylons too, unless they are heels or sandals.

If you scrape your pedicure when you step out of the shower but do not have the time to fix it before heading to work, just put on a close-toed pump or heel. That way, you still have the cute look from your shoe, and the damage stays hidden from view. [perfect kicks](#)

You should invest money into a pair of great athletic shoes. This is especially important if you exercise. Shoes designed for specific activities support the feet correctly. Shoes that weren't made for lots of physical activity do not provide much support, and this can cause some damage

to the ankles, feet and knees.

Don't talk yourself into buying a pair of uncomfortable shoes because you think you can break them in later. If they are uncomfortable from the beginning, they will probably stay that way. They might stretch as you think they might. They may just end up being painful until you eventually discard them.

When you are shopping for shoes, take along a few pairs of socks if you wear different types of socks. This way, you will be able to test the fit with the different socks you will be wearing them with. A perfect fit will help your feet stay pain free while wearing the shoes you buy.

Reserve wearing your high heeled shoes for special occasions, or you could face serious physical repercussions. While these types of shoes may look stylish, they are not kind to the bones in your feet or spine. Using high heels for everyday use can cause spurs, pulls and otherwise put unnecessary pressure on your body. [perfect kickz](#)

In conclusion, before reading this article, you may have adored shoes your whole life or you may not have known anything about them. Whatever the case, you know much more about shoes by reading the article above. Use these tips to find and wear the shoes that best suit you.